

# SPHERA

SPHERA is a visually impactful outdoor duet for non-conventional spaces that explores the relationship between the visible, bright side of the Moon and humankind; the luminous moonlight that we see from planet Earth and illuminates our nights. SPHERA is a dance of liquid bodies that change and morph under the influence of the Earth's spherical satellite: the Moon.

SPHERA is danced on a circle of white astro turf 7m in diameter with a 360 surround sound design. This production has evolved from [and complements] the darker ORBIS (2017), performed with black capes on black astro turf.

Premiered in September 2020 at Greenwich&Docklands International Festival (Dancing City) in London.

## 'Let there be light'

'Sphera was created during the covid outbreak which included the lockdown period that a large number of us experienced. It was created in and out of the dance studio, and one of our emphasis was that it had to allow for a big sense of freedom while dancing it. Honestly, we never had so much fun creating a piece like we did with Sphera. The restricted conditions somehow pushed us to reframe the creation process and make it an embracing place where we generated our own rules that were based solely on lightness and freedom. This piece speaks about the moon we all see shining in the sky, but it also expresses the fact that we all have a light within, a North Star, that guides us, even in challenging times.'

R&J

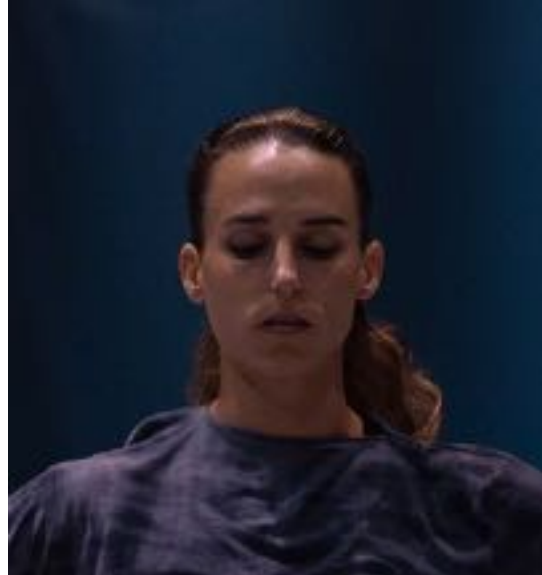
Trailer:

<https://vimeo.com/456336147>



# DANCERS & CHOREOGRAPHERS

**Rudi Cole & Júlia Robert Parés**



## COLLABORATORS

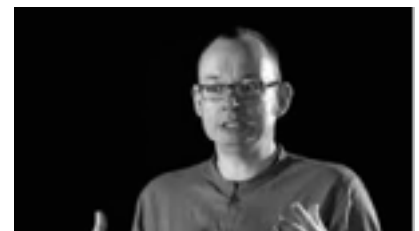


### **Iain Armstrong**

Iain Armstrong is a composer and sound designer based in Birmingham, UK. His work is presented internationally and spans sound design for theatre and dance, electronic music, multi-channel sound installation, phonography and live electroacoustic performance. Recent work includes music composition for Humanhood's ZERO (2016, 2018) and Orbis, (2017). Sound design for Delightful, The Whip Hand, Stories To Tell In The Middle Of The Night (2017) and Looking For John (2016) to name a few. [iainarmstrong.net](http://iainarmstrong.net)

### **Prof. William Chaplin**

Professor Chaplin leads the programme of the NASA Kepler Mission devoted to the asteroseismic investigation of solar-type stars, managing and coordinating the work of 170 international scientists. In 1999 he became a member of the permanent academic staff in the School of Physics and Astronomy at the University of Birmingham and from 2005 shifted the emphasis of his research back to the study of stars. [birmingham.ac.uk/staff/profiles/physics/chaplin-william.aspx](http://birmingham.ac.uk/staff/profiles/physics/chaplin-william.aspx)



# HUMANHOOD

‘The Body of Physics and Metaphysics’ Physicality’

**HUMANHOOD** company was founded in 2016 by Birmingham and Catalan born artists Rudi Cole and Júlia Robert Parés, and since the creation of their first duet the company has generated a rapidly growing following both in the UK and International scene. Their research is based on the fusion of modern physics and Eastern mysticism into the physicality of the body and the artistic expression as a whole. Together, they have developed a unique symbiotic fluid movement language that lies at the core of their work, creating intricate choreographic patterns that merge into multilayered energetic shapes with flow and dynamism.

**HUMANHOOD.NET**

## REVIEWS

“A completely sublime piece full of light that brought me brightness during these challenging times we live in”

Audience member, Dancing City (London) on *SPHERA*



“Humanhood's work is different from anything you have seen until now”

Espectacluosbcn



“Magnificent, Organic, Magnetic”

programa.cat on *Torus*



“Extraordinary performance, like Time stopped”

ExeuntMagazine on *ZERO*

“A beautiful human murmuration”

Bradley Hemmings,  
Artistic Director of Greenwich and Docklands  
International Festival on *Orbis*